

Grilled-Vegetable Wraps

(Grilled-Vegetable Wraps)

- 1 Pkg. (3 ½ Oz) Boil-In-Bag Long-Grain Rice
- Grilled Vegetables
- ¼ Cup Chopped Fresh Italian Parsley
- 1 Cup (4oz.) Shredded Jarlsberg Or Swiss Cheese (Could Eliminate To Make Milk Free)
- 4 Large Flour Tortillas (Could Use Corn Tortillas To Make Wheat Free)
- Preheat Oven To 350 Degrees. Prepare Rice According To Package Directions. Meanwhile, In Medium Bowl, Toss Vegetables With Parsley.
- For Each Wrap: Place ½ Cup Rice In Middle Of Each Tortilla, Top With 1 Cup Vegetable Mixture, Then ¼ Cup Cheese. Fold In At Top And Bottom, Then Roll Up Sides. Wrap Each In Foil; Bake 15 Minutes, Or Until Warmed Through. Serves 4.